

## Cyclist Badge

1. Own, or have used satisfactorily for at least six months, a bicycle properly equipped and in good working order.
2. Be able to make simple adjustments and repairs at the discretion of the examiner, for example change a tyre and tube, mend a puncture, replace a brake shoe and block, adjust the height of the saddle and the handlebar to enable a younger Scout to ride the bicycle.
3. Demonstrate that you know and observe the Highway Code, traffic signals, lighting-up times, road signs, national system of road numbering and direction and that you can read a road map.
4. Take part in a Scout activity, which includes the use of bicycles.

### NOTES:

- (i) Cycle helmets should be worn at all times during cycling activities
- (ii) A Scout who has passed the National Cycling Proficiency Test of the Royal Society for the Prevention of Accidents or the Cycles National Course in Cycling Awareness qualifies automatically for those parts of the requirements 2 and 3 which are covered by these courses.