

1st Gossoms End Scout Troop



Kit List for Backpacking Camps

CLOTHES

Pants 1 for each day
Socks 1 for each day
T-shirts 1 for each day
Fleece/coat
Shorts/trousers
Hiking Socks
Hiking Boots
Waterproofs (Top & Bottom)

OTHER EQUIPMENT

Spare Bootlaces
Wash Kit
Towel
Spoon
Plate and Mug
Watch
Tea Towel
1 Ltr Water Bottle
Torch
Sun Cream
Sun Glasses
Camera
Money
Rucksack big enough to fit all of your personal kit as well as part of a tent, cooker and food. The Complete Outdoors do a **Spartan 65** litre one which is ideal

Tent & Stoves will be issued on the Thursday before and food on the day of departure

WALKING EQUIPMENT

Maps & Compass – We provide

Emergency food rations suggestions

Kendal mint cake

2 Mars bar

¼ lb. Boiled sweets

¼ lb. Dried Fruit

2 Packets of Dextrols

Survival Bag

First Aid Kit (Personal)

SLEEPING EQUIPMENT

Sleeping Bag

Sleeping Mat

Pyjamas

Items shown in Black are Essential

Items shown in Blue are optional

Tick items off on this list when you pack your kit then you won't forget anything

Try to keep the weight and size of your kit to a minimum and it will be much easier to carry

All items must be clearly labelled with the child's name

If in doubt ask a Leader